

## EYFS & Primary Curriculum Mapping: PSHE

**Intent: Our curriculum ensures children learn in a safe environment that allows them to be happy resilient communicators prepared for their next steps in an ever-changing world.**

**A curriculum to support learners in their individual life paths.**



If I am disabled, I have the right to special care and education. (Article 23)  
 I have the right to an education. (Article 28)  
 I have the right to an education which develops my personality, talents and abilities. (Article 29)

### UN Convention on the Rights of a Child

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| <b>KS2 B</b>      | <p><b>Term 4: Media Literacy and Digital Resilience</b> - Evaluating media sources; sharing things online</p> <p><b>Money and Work</b> - Making decisions about money; using and keeping money safe; risks</p>                                              | <p><b>Term 5: Physical Health and Mental Wellbeing</b> - balanced lifestyle; oral hygiene; managing change and loss</p> <p><b>Growing and Changing</b> - Physical/emotional changes in puberty; external genitalia; hygiene</p>                                     | <p><b>Term 6: Growing and Changing</b> - Human reproduction and birth; increasing independence; managing transition</p> <p><b>Keeping Safe</b> - Medicines; household products; drug use and the law</p>                                          |
|                   | <p><b>Term 3: Belonging to a community</b> - What makes a community; valuing diversity; challenging discrimination</p> <p><b>Media Literacy and Digital Resilience</b> - How data is shared and used</p>                                                    | <p><b>Term 2: Safe Relationships</b> - managing confidentiality; recognising risks online; consent</p> <p><b>Respecting ourselves and others</b> - Respecting differences and similarities; discussing difference sensitively</p>                                   | <p><b>Term 1: Families and friendships</b> - Positive friendships, including online; Attraction to others; romantic relationships</p> <p><b>Safe Relationships</b> - Responding to hurtful behaviour; Recognising and managing pressure</p>       |
| <b>KS2 A</b>      | <p><b>Term 4: Media Literacy and Digital Resilience</b> - How the internet is use; media types, their role and impact</p> <p><b>Money and Work</b> - jobs/skills; job stereotypes; personal goals; different media types, their role</p>                    | <p><b>Term 5: Physical Health and Mental Wellbeing</b> - Health choices/habits; what affects feelings; expressing feelings; sleep habits; sun safety; medicines and vaccinations</p> <p><b>Growing and Changing</b> - Personal strengths, achievements identity</p> | <p><b>Term 6: Growing and Changing</b> - managing setbacks; individuality; mental wellbeing</p> <p><b>Keeping Safe</b> - Risks and hazards; safety in the local environment and unfamiliar places; emergencies, first aid and FGM</p>             |
|                   | <p><b>Term 3: Belonging to a community</b> - The value of rules and laws; rights, freedoms and responsibilities; protecting the environment</p> <p><b>Media Literacy and Digital Resilience</b> - How the internet is used; targeted information online</p> | <p><b>Term 2: Safe Relationships</b> - Physical contact and feeling safe</p> <p><b>Respecting ourselves and others</b> - respectful behaviour and responding; self-respect; courtesy; prejudice and discrimination</p>                                              | <p><b>Term 1: Families and friendships</b> - What makes a family; features of family life; managing friendships and peer influence</p> <p><b>Safe Relationships</b> - Personal boundaries; safely responding; the impact of hurtful behaviour</p> |
| <b>KS1 B cont</b> | <p><b>Term 4: Media Literacy and Digital Resilience</b> - online content and information</p> <p><b>Money and Work</b> - What money is; needs and wants; looking after money</p>                                                                             | <p><b>Term 5: Physical Health and Mental Wellbeing</b> - Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help</p> <p><b>Growing and Changing</b> - Growing older</p>                                 | <p><b>Term 6: Growing and Changing</b> - naming body parts; moving class or year</p> <p><b>Keeping Safe</b> - Safety in different environments; risk and safety at home; emergencies</p>                                                          |

**KS1 B**

**Term 3: Belonging to a community** - Belonging to a group; roles and responsibilities; being the same and different in the community

**Media Literacy and Digital Resilience** - The internet in everyday life

**Term 2: Safe Relationships** - getting help; recognising hurtful behaviour

**Respecting ourselves and others** - Recognising things in common and differences; playing and working cooperatively; sharing opinions

**Term 1: Families and friendships** - Making friends; feeling lonely and getting help

**Safe Relationships** - Managing secrets; resisting pressure

**KS1 A**

**Term 4: Media Literacy and Digital Resilience** - communicating online

**Money and Work** - Strengths and interests; jobs in the community

**Term 5: Physical Health and Mental Wellbeing** - Keeping healthy; food and exercise; hygiene routines; sun safety

**Growing and Changing** - Recognising what makes them unique and special

**Term 6: Growing and Changing** - feelings; managing when things go wrong

**Keeping Safe** - How rules and age restrictions help us; keeping safe online

**Term 3: Belonging to a community** - What rules are; caring for others' needs; looking after the environment

**Media Literacy and Digital Resilience** - Using the internet and digital devices

**Term 2: Safe Relationships** - Seeking permission

**Respecting ourselves and others** - How behaviour affects others; being polite and respectful

**Term 1: Families and friendships** - Roles of different people; families; feeling cared for

**Safe Relationships** - Recognising privacy; staying safe

**EYFS B**

**Term 4: Media Literacy and Digital Resilience** - Use technology with adult support.

**Money and Work** - communication with others when playing, and communicate freely about uses of money in own home and community

**Term 5: Physical Health and Mental Wellbeing** - healthy food choices; know and talk about why they need to keep physically active.

**Growing and Changing** - adapt behaviour to different situations

**Term 6: Growing and Changing** - adapt to changes in routine

**Keeping Safe** - The need for safety when tackling new challenges, and considers and manages some risks

**Term 3: Belonging to a community** - that they belong to different communities and social groups

**Media Literacy and Digital Resilience** - Use technology with adult support.

**Term 2: Safe Relationships** - talk with others to solve conflicts

**Respecting ourselves and others** - take turns and share resources; notice and ask questions about differences

**Term 1: Families and friendships** - How do we make friends? What it means to be kind and unkind

**Safe Relationships** - Say how they're feeling; staying within boundaries

**EYFS A**

**Term 4: Media Literacy and Digital Resilience** - Know the internet and other devices help us to find things out

**Money and Work** - Extend and elaborating play ideas, e.g. shop role play activity with others

**Term 5: Physical Health and Mental Wellbeing** - Manage their own basic hygiene and personal needs, including dressing, going to the toilet

**Growing and Changing** - What growth and changes mean

**Term 6: Growing and Changing** - Be confident to try new activities and show independence, in the face of challenge.

**Keeping Safe** - Explain the reasons for rules, know right from wrong and try to behave accordingly

**Term 3: Belonging to a community** - Work and play cooperatively and take turns with others

**Media Literacy and Digital Resilience** - How to describe what they can do well and are getting better at.

**Term 2: Safe Relationships** - Know how to ask adults for help

**Respecting ourselves and others** - See themselves as valuable individuals; show sensitivity to their own and to others' needs, interest and opinions

**Term 1: Families and friendships** - lives of the people around them and their roles;

**Safe Relationships** - Work and play cooperatively.

